

# TUMBLING INFO

December 7th 2024  
La Serna High School



**SHOW TIMES:  
12:30PM & 6:00PM**

**CALL TIMES:  
30 MINUTES BEFORE**

**TINY, MINI, YOUTH &  
JUNIOR CHEER  
CAN ADD TUMBLING**

**FOR FREE!  
SAME UNIFORM!**



## WHAT TO WEAR:

**TUMBLERS WILL WEAR THEIR SHOW UNIFORM, INCLUDING BLACK UNIFORM BODYSUIT TOP & SILVER SHORTS, SILVER HAIR BOW, CLEAN WHITE OR BLACK ATHLETIC SHOES & NO SHOW SOCKS. (NO BRA STRAPS VISIBLE) \*BLACK SHOES PREFERRED.**



## WHAT TO BRING:

**PERFORMERS DO NOT NEED TO BRING ANYTHING BACKSTAGE.**

## CALL TIMES:

**MUST CHECK IN AT "PERFORMER CHECKIN" 30 MINUTES BEFORE THEIR SHOWTIME, READY TO GO!**

## HAIR & MAKEUP:

**SLICKED BACK HIGH PONY TAIL. MAKEUP IS ALLOWED, IF WEARING LIPSTICK, IT MUST BE RED.**



**MORE**

**PRACTICES:**

**TUMBLING WILL PRACTICE THEIR CIRCUIT IN CLASS. THERE IS NOT AN ADDITIONAL TUMBLING PRACTICE.**

**SHOW TIMES:**

**PERFORMERS WILL EACH PERFORM ON ONLY 1 SHOW.**

**PROGRAM SHOUT OUT:**

**YOU CAN GIVE YOUR PERFORMER A SHOUT OUT IN THE PROGRAM! LEAVE THEM A MESSAGE AND ADD A PHOTO! THESE ARE GREAT SOUVENIRS TO KEEP!**

**TICKETS:**

**ALL SPECTATORS WILL NEED TO PURCHASE A TICKET. CHILDREN 2 & UNDER & PERFORMERS ARE FREE. IF YOU ARE ASSIGNED TO MULTIPLE SHOWS, PLEASE ASK ABOUT THE "MULTI SHOW TICKET DISCOUNT" TICKETS WILL BE SOLD ONLINE. YOU WILL NEED TO PICK UP YOUR TICKETS AT LSC, OR THE EVENT, BEFORE THE SHOW STARTS.**

**GIFTS:**

**GIFTS ARE AVAILABLE FOR PRE-SALE DURING YOUR REGISTRATION AS WELL AS SHOPLSC.COM. THERE WILL ALSO BE CONCESSIONS & GIFTS AVAILABLE FOR PURCHASE AT THE SHOW.**

**DEADLINE TO SIGN UP: OCTOBER 12TH  
TRY ON YOUR BODYSUIT & SHIRTS AT LSC WHITTIER IN THE  
OFFICE.**